# Negar Bonyadi



Tabriz University of Medical Sciences, Tabriz, Iran.

#### **❖ Personal Information**

**Gender:** Female

Date of Birth: 8. August. 1997

Address: Faculty of Medicine, Tabriz University of Medical Sciences, Tabriz, Iran.

**Tel:** +989369961563

Email: bonyadinegar@yahoo.com bonyadin@tbzmed.ac.ir

#### **\*** Education

• 2016 - Present: Doctor of Medicine: Tabriz University of Medical Sciences, Tabriz, Iran.

#### ❖ Publications

#### Ongoing projects registered in Pazhoohan

 Effect of Berry-Based Food Interventions on cognitive function: A Systematic Review of Randomized Controlled Trials

### Attended Workshops

- National workshop of research ethics (Research Development and Coordinating Center of Tabriz University of Medical Sciences, 2020)
- Systematic review and meta-analysis (Research Development and Coordinating Center of Tabriz University of Medical Sciences, 2019)

- How to find a research idea and setting the right team (Aging Research Institute of Tabriz University of Medical Sciences in collaboration with Steno Diabetes Center of Copenhagen, 2019)
- proposal writing (National Institute for Medical Research Development, 2019)

# Professional Experiences

- Executive editor of Aging Research Institute (2020 Present)
- Executive member of 2nd campaign of health prevention and screening (Social Determinants of Health Research Center, 2017)
- the speech of the 4th Alavi Meeting Congress, Tabriz University of Medical Sciences (2019)
- Secretary of Students' Research Committee of Aging Research Institute of Tabriz University of Medical Sciences (2021 Present)

## ❖ Social Media

• Linked in: https://www.linkedin.com/in/negar-bonyadi-544104199

#### **❖** Research Interests

Nutrition, Neurology

#### Languages

Persian (C2), English (C2), Arabic (A2)